

# Your menu



# Welcome on board

It's time to relax and let us take care of you.

In your hands is our seasonal menu, with every dish tailor-made to make your time in the skies extra special.

Whether you're craving something light and fresh or a little indulgence, we have a delicious selection waiting for you. Each dish is packed with flavour and carefully crafted to help you relax during your journey.

We take pride in sourcing the finest ingredients, with a touch of Ireland in every bite.

Enjoy!



## Main meal

#### **STARTERS**

Textured blend of Irish crab and cauliflower on mild curried couscous, finished with romanesco florets, tangy apple dressing and pea shoots

Allergens: contains wheat, crustaceans, milk, mustard, sulphites

Or

Warming carrot, coconut and lemongrass soup sprinkled with crunchy mixed quinoa and pumpkin seeds

Allergens: contains milk

Ask about our tasty bread options and choose your favourite

#### **ENTRÉES**

Irish Angus beef fillet served with creamy horseradish mashed potato, braised heritage baby beetroots, tenderstem broccoli and a rosemary beef jus Allergens: contains celery, eggs, milk, mustard, sulphites. Country of origin of beef: Ireland.

Tender roasted cod on a chunky chickpea and tomato herb stew, topped with succulent samphire in a flavoursome chilli and garlic butter dressing Allergens: contains fish, milk, sulphites

Asparagus, edamame and garden pea risotto paired with slow-roasted confit tomato, blanched tenderstem broccoli and a drizzle of basil pesto

Allergens: contains soya

#### Seasonal salad with all mains

Vibrant salad of frisée lettuce, rocket and sundried tomatoes on a bed of smoked paprika mayonnaise Allergens: contains eggs

#### **DESSERT**

Strawberries and cream domed mousse enriched with strawberries on a chocolate sponge, drizzled with dark Belgian chocolate

Allergens: contains wheat, eggs, milk, soya

Made in a kitchen handling nuts, gluten, eggs, sulphites

Or

Local Irish cheese board with Tipperary Brie and Durrus cheeses, Burren Balsamics Pear, Ginger and Golden Raisin Chutney and Peter's Yard Sourdough Crackers

Allergens: contains wheat, rye, milk, sesame, sulphites. May contain traces of nuts.

# Before you land

Crispy popcorn chicken with sweet chilli sauce on a salad of Asian black rice, edamame, red onion and red pepper in a miso sesame dressing

Allergens: contains celery, wheat, mustard, sesame, soya, sulphites

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Crispy plant-based bites with sweet chilli sauce on a salad of Asian black rice, edamame, red onion and red pepper in a miso sesame dressing

Allergens: contains wheat, sesame, soya

#### A delicious trio of sweet treats

Lemon and raspberry cupcake with buttercream icing Allergens: contains wheat, eggs, milk, soya

Mini carrot cake with cream cheese frosting Allergens: contains wheat, eggs, milk, sulphites

Chocolate mousse profiterole Allergens: contains wheat, eggs, milk, soya

Tea or coffee

#### Flying to the West Coast of America? You can enjoy...

Street food-inspired snacks including a mild sweet potato samosa and mini Cantonese-style vegetable spring rolls Allergens: contains celery, wheat, sesame, soya

#### FEELING PECKISH?

There's a lovely selection of snacks and treats waiting for you in the galley. Simply help yourself.



### Wines

#### **RED WINES**

Tannat Merlot, 2024, François Lurton,
Domaine de Targierie, IGP Côtes de Gascogne, France
Vibrant ruby red with an elegant, yet modern, nose of violets,
juicy red berries and a whisper of liquorice. Drink this organic
southwestern French wine and enjoy fruity flavours marked
by acidity and spice.

Allergens: contains sulphites

Le Caillou, 2024, Côtes-du-Rhône Rouge, Le Clos du Caillou, Rhône Valley, France

Hailing from the Châteauneuf-du-Pape area, this organic blend boasts fresh scents of ripe summer berries. As you sip, savour an explosion of fruit, made more complex by floral and peppery notes.

Allergens: contains sulphites

#### WHITE WINES

Conde Valdemar Tempranillo Blanco, 2024, Bodegas Valdemar, DOCa Rioja, Spain

This northern Spanish wine stands out with intense melon and pear aromas, complemented by subtle grapefruit and herbs. Smooth with a fresh and creamy texture, white fruit and herbs persist as you sip.

Allergens: contains sulphites

Inviniti Sauvignon Blanc, 2023, Marlborough, New Zealand Packed with passionfruit flavours, alongside citrus and herbaceous notes. A sustainable white from the northeastern tip of New Zealand's South Island with a crisp, dry palate and a lovely concentration.

Allergens: contains sulphites

#### **ROSÉ WINE**

Bardolino Chiaretto DOC, 2024, Monte del Frà, Verona, Italy An attractive light pink colour with a summery bouquet of white flowers, raspberries and a touch of white pepper. This dry northern Italian rosé has a refreshingly crisp acidity and a long, satisfying finish.

Allergens: contains sulphites

#### **CHAMPAGNE**

Jean Pernet Tradition Brut NV Champagne, France

This fine champagne has a lightly toasted nose with exceptional freshness and floral notes. Its delightfully crunchy palate is followed by a long-lasting finish. A blend of 50% pinot noir, 40% chardonnay and 10% pinot meunier, this cuvée tradition is truly elegant.

Allergens: contains sulphites





#### TIME FOR A COCKTAIL?

Sip on something special in the sky with our signature cocktail or try our newest selection from Whitebox Cocktails.

Squeezy's Margarita

Chipper's Old Fashioned Allergens: contains sulphites

Classic Cosmo

Pocket Negroni Allergens: contains sulphites

Signature Cocktail
Allergens: contains sulphites

# Drinks

Jameson Whiskey

Jack Daniels Whiskey

Teeling Single Pot Still Whiskey

Bombay Sapphire Gin

Drumshanbo Gunpowder Gin

Grey Goose Vodka

Tito's Handmade Vodka

Hennessy Brandy

Bacardi Rum

Kopke 10 Year Old Tawny Port

Allergens: contains sulphites

Baileys

Allergens: contains milk

Heineken®

Allergens: contains barley, sulphites

Birra Moretti

Allergens: contains barley, sulphites

Magners Irish Cider Allergens: contains sulphites

Coke

Diet Coke

Coke Zero Sugar

Sprite

Fanta Orange

Schweppes Soda Water

Schweppes Tonic

Schweppes Slimline Tonic

Schweppes Ginger Ale

Big Tom Tomato Juice

Allergens: contains celery, barley, mustard